

Physician Health Coaching Engagement Waiver

Purpose: Document member engagement with personal physician for required health coaching engagement.

Physicians must complete this form and indicate how member is working with physician to engage in his or her healthcare improvement plan or process.

Step 1: Participant Completes and Signs

Name (Last, First, Middle Initial)	
Employee ID (Spouses: use Employee ID +S)	Date of Birth (MM/DD/YYYY)
Phone	Email address
Participant Signature	Date

By signing this form, you verify the information you have supplied is true and complete. You acknowledge that you are requesting your physician to report health coaching engagement and health improvement plans to the Healthy Life Center, Benefits Service Center and Quest Diagnostics for biometric screening requirements.

Step 2: Physician Confirms Engagement: working towards a measurable health improvement goal. Complete for any metrics listed that the patient has current goals set and is working toward.

Measurement	Target Range	Most Recent Value	Goal Set		Goal Progressed	
			Yes	No	Yes	No
Blood Pressure	<=120/80		Yes	No	Yes	No
BMI	<=30		Yes	No	Yes	No
Total Cholesterol	<=200		Yes	No	Yes	No
A1C	<=6		Yes	No	Yes	No

Step 3: Physician Signs and Submits.

Physician office-all the information listed below must be complete to process.

Physician's Signature		
Physician's Name (please print)		
Date	UPIN/NPI	Phone Number

Email or fax this form to the Benefits Service Center

Fax number: 1-866-597-2201

Portal: securemail-BSC.com

register or login /select compose/choose "Wellness Documents" to upload securely and email

