

KEY POINTS FOR MANAGING CAD

REQUIRED

- BP Goal is $< 140/90$ _____ Date achieved
- Take STATIN medications as prescribed
_____ % adherence
- Take blood thinner or aspirin medication as prescribed
_____ % adherence
- Annual biometrics _____ Date completed

KEY POINTS FOR MANAGING CAD

RECOMMENDED

- Cardiology visit _____ Date
- Annual physical exam _____ Date
- Preventive Screenings, if due
_____ Date
_____ Date
_____ Date
- Nutrition education _____ Date