

KEY POINTS FOR MANAGING CHF

REQUIRED

- Take blood pressure medications as prescribed _____ % adherence
- Cardiology visit once a year
_____ Date completed
- Annual biometrics
_____ Date completed

KEY POINTS FOR MANAGING CHF

RECOMMENDED

- Echocardiogram every 2 years _____ Date
- Annual physical exam _____ Date
- Preventive Screenings, if due
_____ Date
_____ Date
_____ Date
- Nutrition education _____ Date
- No CHF-related hospitalization(s) 12 months