

## KEY POINTS FOR MANAGING DIABETES

### REQUIRED

- Take medications as prescribed  
\_\_\_\_\_ % adherence
- Annual biometrics \_\_\_\_\_ Date completed
- Urine Microalbumin  
\_\_\_\_\_ Date completed
- A1C at  $\leq 7.0\%$  \_\_\_\_\_ Date achieved

## KEY POINTS FOR MANAGING DIABETES

### RECOMMENDED

- Preventive Screening (if due)

\_\_\_\_\_ Date

\_\_\_\_\_ Date

\_\_\_\_\_ Date

- Eye exam \_\_\_\_\_ Date

- Foot exam \_\_\_\_\_ Date

- Nutrition education \_\_\_\_\_ Date